

Clarification – English version
Beyond the Basics: Healthy Lifestyle Choices
for Diabetes Prevention and Management
July 24, 2007

Intensive Therapy Chapter (under Special Considerations)

It states that on page 79, in the last sentence before *Figure 1: How the pancreas works*, the text should read "You will need to take some form of bolus insulin BEFORE (not after) eating meals, snacks or drinking carbohydrate-rich beverages."

On page 81 - the text should read carbohydrate to insulin ratio (not the reverse).